To
The Principal, Medical College and Hospital, Kolkata / Murshidabad Medical College and Hospital
The Chief Medical officer of Health (All District and Health District, West Bengal)
The Superintendents (All Covid Hospitals, West Bengal)
The Director / CEO / Medical superintendent (All Private COVID Hospitals, West Bengal)

Sub: Advisory on Case Management for COVID – 19 Patients

The experts from the Protocol Monitoring Team as deputed by the Department of Health and Family Welfare, Government of West Bengal visited some COVID hospitals and noted certain lacunae in practice which need urgent rectification. On the basis of their observations, following recommendations are made:
1. All the patients in safe home should be monitored with pulse oximeter regularly.
2. Top sheet of hospitalised patients should be filled up regularly.
3. For patients admitted in ICU, PaO2: FiO2 ratio should be monitored because it gives the impression of hypoxemia and impending ARDS or Pulmonary embolism.
4. Covid-19 patients on haemodialysis must only be given blood transfusions during dialysis to prevent inducing fluid overload & hyperkalaemia. A patient with chronic renal failure when transfused with PRBC led to asystole due severe hyperkalaemia which must be avoided.

These recommendations, if properly practiced, will improve patient outcome. During subsequent visits teams will specifically check if these suggestions have been implemented.

Director of Medical Education
Director of Health Services
Government of West Bengal

Copy forwarded for kind information and necessary action:
1. The Mission Director, NHM, Department of Health & Family Welfare, Govt of West Bengal
2. The MSVP (All Medical Colleges)
3. The DDHS (Admin), Department of Health & Family Welfare, Govt of West Bengal (He is requested to inform the Clinical establishments).
4. DDHS (PH), Department of Health & Family Welfare, Govt of West Bengal
5. The Dy Chief Medical Officer of Health – II (All Districts and Health Districts)
6. The Senior PA to the Secretary, Department of Health & Family Welfare, Govt of West Bengal
7. Office Copy

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