Government of Jammu and Kashmir
Department of Disaster Management, Relief Rehabilitation & Reconstruction
State Executive Committee
Civil Secretariat, Jammu

Subject: Guidelines / Instructions on lockdown measures in the Union Territory of Jammu and Kashmir w.e.f. 20.05.2020

Dated: 19.05.2020

1) Whereas, the Government of India vide its Order No.40-3/2020-DM-I(A) dated 17.05.2020, has issued new guidelines on lockdown measures which will come into effect from 20th May 2020 till 31st May 2020, and,

2) Now, therefore, in exercise of powers conferred under Section 24 of the Disaster Management Act, 2005, the undersigned, in his capacity as the Chairperson of the State Executive Committee, hereby issues the guidelines/instructions annexed with this order for regulating activities within the Union Territory of Jammu and Kashmir for effective Containment of COVID-19, w.e.f 20th May, 2020 till further orders.

3) All the SOPs and instructions issued earlier and referred to in the Annexure will be deemed to have been extended till the validity of this order, or modified otherwise. Any deviation from this order shall attract penal action under the Disaster Management Act, 2005.

(B. V. R. Subrahmanym)  
Chief Secretary  
Chairperson, State Executive Committee

No: DMRRR/PS/Secy/552/2020  Dated: 19.05.2020

Copy to:
1. Financial Commissioner, Health and Medical Education Department.
2. Director General of Police, J&K
3. Principal Secretary to the Lieutenant Governor, J&K.
4. Joint Secretary (J&K), Ministry of Home Affairs, Government of India.
7. All Deputy Commissioners.
8. All Superintendents of Police.
9. Private Secretary to the Chief Secretary.
10. Incharge Website, GAD.
Guidelines/ Instructions for regulating activities in the UT of Jammu & Kashmir during the extended period of lockdown, w.e.f. 20th May, 2020.

**General Instructions:**

1) These instructions are being issued for regulating activities that are to be permitted during the extended period of lockdown in pursuance of MHA’s order No.40-3/2020-DM-I(A) dated 17th May, 2020. These instructions shall remain in force till further orders, unless modified or withdrawn earlier.

2) No fresh permission/passes are required for activities which were already permitted under earlier orders. All instructions relating to safety, health precautions, social distancing, etc., continue to apply.

**Non-Permissible activities in entire UT of J&K:**

3) The following activities shall continue to remain prohibited across the entire Union Territory of J&K, irrespective of the categorization of the districts, w.e.f. 20th May, 2020, till further orders:

   (i) All domestic and international air travel of passengers, except for medical services, air ambulance, security purposes or for purposes as permitted by MHA.

   (ii) All passenger movement by trains, except for purposes as permitted by MHA.

   (iii) Inter-state, Inter-district and intra-district Buses for public transport and private vehicles, except those permitted under this order in specific categories of districts as per procedure prescribed.

   (iv) All schools, colleges, universities, educational / training / coaching institutions (including Anganwadi centers) etc. However, online/distance learning shall be permitted. Their offices can continue to function for administrative purposes.

   (v) Hotels, Restaurants and other Hospitality services other than those used for housing health/police/Government officials/healthcare workers, stranded persons, and those
used for quarantine facilities. However, **home delivery** services will be allowed wherever permitted under this order.

(i) All cinema halls, shopping malls, gymnasiums, swimming pools, entertainment parks, Spas, saloons, parlours, barber shops, theatres, bars, auditoriums, assembly halls, and similar places, except where permitted under this order in specific categories of districts.

(ii) All social / political / sports / entertainment / academic / cultural / religious functions/other gatherings and congregations.

(iii) All religious places/places of worship shall be closed for public. Religious congregations are strictly prohibited.

(iv) The movement of individuals for all non-essential activities between 7 pm to 7 am. District Magistrates shall issue specific prohibitory orders in this regard under Section 144 of CrPC.

(v) Persons above 65 years of age, persons and with co-morbidities, pregnant women, and children below the age of 10 years, shall stay at home, except for meeting essential requirements or for health purposes.

**Continuation of Activities already regulated in the UT of J&K:**

4) The following Standard Operating Procedures (SOPs)/guidelines/instructions issued by the JK SEC from time to time (available on the website – [www.jkcad.nic.in](http://www.jkcad.nic.in)) shall remain applicable in all the districts, except in the areas identified as the “Containment Zones”:-


   b. Standard Operating Procedure for regulating the movement of migrant workers, stranded students and others (Dated 30.04.2020).

   c. Standard Operating Procedure for issuance of movement passes, dated 19.05.2020 ([Attachment A](#)) with this order.
5) All activities permitted under earlier Standard Operating Procedures (SOPs)/guidelines/instructions shall continue to be permitted in the UT of J&K, except in the areas identified as the "Containment Zones", and no fresh permissions would be needed except where fresh relaxations are being given under this order.

Protocol to be followed for all Returnees/Travelers coming into Jammu & Kashmir

6) All passengers or returnees coming to Jammu & Kashmir, whether by road, rail or air, will have to compulsorily undergo a COVID-19 test following which they will be under administrative quarantine till the test result is negative, in which case they are released for Home Quarantine or positive, in which case they are sent to a COVID hospital for treatment.

Containment Zone (earlier Red Zone) protocol

7) Areas identified by the Deputy Commissioner within a district as a potential zone of infection will be referred to as a Containment Zone/Red Zone. The SOP/instructions issued by the State Executive Committee vide its order No. 38-JK(DMRRR) of 2020 dated 14.04.2020 for Red Zones/Hot Spots will be valid for Containment Zones/Red Zones and will be read as the SOP/instructions for "Containment Zones" within the districts. The term "Red Zone" used in the earlier SOP shall also mean "Containment Zone". In addition, the Deputy Commissioners will take the following actions in the identified "Containment Zones":-

i. Ensure 100% coverage of AarogyaSetu App among the residents of Containment Zone.

ii. Aggressive contact tracing.

iii. Home or Administrative quarantine of individuals based on the risk assessment by CMOs.

iv. Compulsory testing of all cases with Severe Acute Respiratory Infection (SARI), Influenza Like Illness (ILI) and other similar symptoms specified by MoHFW.

v. House to house surveillance by special team constituted for this purpose more frequently.

vi. Private clinics and OPDs are not permitted.
Activities permitted in the entire UT of Jammu & Kashmir, with PASSES needed only in such areas where indicated against an activity

8) Normal functioning of private hospitals, clinics and nursing homes (including OPD services).

9) All E-commerce and Courier services.

10) All agriculture, horticulture, animal husbandry and related activities.

11) Canteens/Eateries at Bus stands, Railway stations and Airports, with passes in Red districts.

12) All restaurants, including in hotels, can operate kitchens for home delivery only.

13) Banks and Financial services.

14) Liquor shops.

15) Barber shops, saloons and parlours in all areas, except within the limits of Municipal Corporations in Red/ Orange districts.

16) Self-employed service providers such as Plumbers, technicians, electricians etc.

17) Marriage related functions, with not more than 50 persons maintaining social distancing, with permission for the function in Red Districts.

18) Funeral / last rites related rituals with not more than 20 persons maintaining social distancing.

Additional activities permitted in Orange Districts (NO PASSES NEEDED)

19) All shops, including in market areas/ bazaars/ market complexes, except for those prohibited at para 3(iv) such as single brand/ multi-brand malls which shall continue to be prohibited.
   a. In the limits of Municipal Corporations, shops will remain open from 9 a.m. till 5 p.m.
   b. There will be no parking on roads of bazaars/ market complexes/ market areas to prevent congestion and ensure social distancing.
c. District Magistrates will regulate markets to ensure there is no congestion and social distancing is maintained.

20) All private offices, with 50% staff, self regulated by office in-charge.

21) Barber shops, saloons and parlours in all areas, except within the limits of Municipal Corporations.

22) Sports activities in Stadia and sports complexes, without the presence of spectators.

23) Intra-district movement of individuals in vehicles is allowed, with a maximum of 2 passengers, besides the driver, in four wheeler vehicles, and with no pillion rider in case of two wheelers.

24) Inter-district movement of persons in private vehicles between a pair of Green/Orange districts, without crossing a Red district, with a maximum of 2 passengers, besides the driver, in four wheeler vehicles, and with no pillion rider in case of two wheelers.

25) Cab aggregators are permitted to ply with one driver and two passengers only, only for intra-district movement.

26) Auto-rickshaws with a maximum of two passengers, only intra-district.

**Additional activities permitted in Green Districts (No Passes needed)**

27) All activities permitted in Orange districts.

28) All shops, including in market areas/ bazaars/ market complexes, except for those prohibited at para 3(iv) such as single brand/ multi-brand malls which shall continue to be prohibited.
   a. District Magistrates will regulate markets to ensure there is no congestion and social distancing is maintained.

29) All private offices, with 100% staff, self regulated by office in-charge.

30) Barber shops, saloons and parlours in all areas.

31) Sports activities in Stadia and sports complexes, without the presence of spectators.
32) **Intra-district movement** of individuals in vehicles is allowed, with a maximum of 2 passengers, besides the driver, in four wheeler vehicles, and with no pillion rider in case of two wheelers.

33) **Inter-district movement** of persons in private vehicles between a pair of Green/Orange districts, **without crossing a Red district**, with a maximum of 2 passengers, besides the driver, in four wheeler vehicles, and with no pillion rider in case of two wheelers.

34) Taxi and Cab aggregators are permitted to ply with one driver and two passengers **only within the district, or between Green districts only**

35) Auto-rickshaws with a maximum of two passengers, only within the district or between Green districts only.

36) Public passenger transport vehicles (buses/Tempo-Travellers, etc.) can operate with upto 50% seating capacity on **Intra-district routes and between contiguous Green districts**.

**Restrictions/ Special Relaxations in Red Districts**

37) Shops in Malls and Markets (with Clusters of shops like in Bazaars) and market complexes are not permitted, except permissible shops selling essential items like groceries, fruits, vegetables, bakeries, etc.

38) Private offices are permitted to function with only 33% attendance, with Passes needed for staff as prescribed.

39) Opening and use of Sports complexes and stadia even without spectators not permitted in urban areas.

40) Barber shops, saloons, parlours are **not permitted** in municipal limits of urban areas.

**Industrial and Service activities**

41) Industrial activities can resume at all **industrial estates**. These activities can resume with 100% work force in **Green districts** and with 50% work force in **Orange and Red** districts in industrial estates.
42) Industrial activities can resume in all rural areas outside municipal limits, with 100% of work force.

43) In Urban areas in Red and Orange Districts, for Industries within Municipal Limits, industrial activities can resume with the permission as laid down in **Attachment B** and with 50% workforce.

44) All workshops, service centers and home workshops can operate with not more than 5 persons working on site/inside premises.

45) All Industries will have to comply with the health, safety and other instructions in **Attachment B**.

**Activities in Rural Areas**

46) There will be no restrictions, except those mentioned in para 3 above and additional restrictions in Red districts.

47) The **ArogyaSetu App** will be promoted/downloaded among MGNREGA workers to the extent possible.

48) For rural construction activities, all district and field level authorities would ensure;

   i. maintenance of social distancing,
   ii. use of protective face covers/masks
   iii. Repeated washing of hands with soap and water themselves and by MGNREGA workers.

30) For rural construction activities, masks are to be issued to the MGNREGA workers and departmental staff by the DDC as per Government instructions and beneficiaries to be encouraged to use homemade masks at work site and at home through distribution of prescribed manual on masks.

49) The detailed SoP issued by MoRD, GoI in light of MHA guidelines shall be adhered strictly.

50) **For RED districts**, the District Development Commissioners shall provide duty passes to field functionaries (BDO/VLW/JE/PO/TA/GRS), on need basis, for implementation of MGNREGS (allotment of works, measurement/billing and attendance).
Construction activities

51) In construction projects in municipal limits, the labour/construction workers shall have to stay at the construction site (inside). The concerned contractor in coordination with the Executive Engineer shall make sufficient arrangement for their stay, providing of masks/sanitation to the labourers and keep the social distance norms in place while carrying on the construction works.

52) In construction projects in rural areas, the labour has to stay in the areas adjoining the construction site. There shall be no huge scale daily movement of labourers/long distances. The contractor in consultation with engineering staff shall make arrangement for their stay, providing of masks/sanitation to the labourers and keep the social distance norms in place while carrying the construction works.

For Private Projects:

53) Private construction activities shall be allowed in all Green and Orange districts, without any need for permission/Passes, except in municipal limits of Urban Local Bodies/ Municipal Corporations. The labour in all projects in Urban Municipal limits have to be kept in-situ only. Health precautions and instructions as mentioned at para 40-44 below will be strictly required to be followed. In Red Districts, District Magistrates will assess the ground situation and issue permissions/ Passes as necessary both for construction and any related movement.

54) Construction activities for government projects will be regulated as per the SOP laid down in Attachment C.
ATTACHMENT - A

Instructions on Movement Passes to be effective from 20th May, 2020

1. This SOP is issued for standardising the process of issuing passes, wherever required, to allow activities permitted from 20.05.2020 under the revised guidelines/instructions issued by this State Executive Committee order dated 19.05.2020.

2. The Passes shall be issued only for the activities allowed under the MHA/JK State Executive Committee orders/guidelines/instructions.

3. This SOP shall not be applicable in the areas identified as Containment Zones (Red Zones). In such areas, the SOP already issued vide JK SEC order no.38-JK (DMRRR) of 2020 dated 14-04-2020 shall remain valid.

4. **Intra-District Movement:** No movement passes shall be required for **intra-district movement of individuals in Orange and Green Districts.** This movement, however, will only be permitted in private vehicles subject to a maximum of two passengers, besides the driver, in four wheeler vehicles and with no pillion rider in case of two wheelers.

5. Movement passes will be required for **intra-district movement of individuals in Red Districts** from the Deputy Commissioners, who shall examine the need and issue passes for such movement, as per laid down procedure.

6. **Inter-District Movement:** There shall be a **complete prohibition on inter-district movement** of individuals between:
   
   a. Green/Orange Districts on one side and Red Districts on the other
   b. Between two Red Districts
   c. Crossing a Red District

   except after obtaining Passes from the Deputy Commissioner concerned. It shall be issued only for rare exigencies like medical reasons or death of an immediate relation in family or for activities permitted through instructions/SOPs notified by JK SEC or
approved operations of JKSRTC. Individuals can however move without Passes between Green and Orange districts.

7. **Inter-Provice Movement**: There shall be no *inter-province movement* of individuals except after obtaining Passes from the Divisional Commissioner concerned. It shall be issued only for rare exigencies like medical reasons or death of an immediate relation in family or for activities permitted through instructions/ SOPs notified by JK SEC or approved operations of JKSRTC.

8. **Inter-State Movement**: There shall be a *complete prohibition* on *inter-State/UT movement* of individuals except after obtaining Passes from the Divisional Commissioner concerned. It shall be issued only for rare exigencies like medical reasons or death of immediate relation in family or for activities permitted through instructions/ SOPs notified by JK SEC. It shall be issued only after consulting the nodal officer in charge of Lakhanpur (Commissioner/Secretary to Government, PHE/I&FC).

9. If a critical patient is being moved in an Ambulance without a pass, due to extreme emergency, such vehicle should not be stopped merely on the ground that it is without a Valid Pass. The Officer in charge of the checking point/naka is expected to exercise his wisdom to allow such movement even if it is interstate/province/district.

10. All other Passes shall be issued by the Deputy Commissioner concerned after following the procedure given in **Part-A** of this SOP.

11. All the passes already issued by the Deputy Commissioners for daily movement shall remain valid till the extended lockdown period as well. However, the DCs may issue general or specific orders extending or revoking the validity of any category/type of passes, as deemed appropriate.

**Instructions for movement of goods carrier**

12. Passes are not required for movement of goods carriers (registered as such) within the UT of J&K, with one driver and one cleaner, and which is in possession of valid driving licence and valid bills/Challan or certificate of dispatcher/supplier with his phone number. The long
distance trucks may be permitted with two drivers and one cleaner. Needless to say, both drivers should possess valid driving licences.

13. The incoming patients to J&K via Lakhanpur will be facilitated as per the existing protocol.

14. The passengers, drivers and cleaners entering Jammu province from Lakhanpur or Kashmir province via Jawahar Tunnel/Mughal Road shall undergo medical screening and pass through disinfectant tunnel installed at those places. They will also any COVID-19 tests as prescribed.

**Part-A**

<table>
<thead>
<tr>
<th>Category of Passes</th>
<th>Issuing Authority</th>
<th>Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Private offices for 33% staff in Red Districts.</td>
<td>Deputy Commissioner</td>
<td>- Passes shall be issued for whole period of lockdown with conditions prescribed for social distancing at work places and as per various SOP in this regard, except one-time movement passes such as Inter-province and Inter-district movements or movements regulated in Red Districts.</td>
</tr>
<tr>
<td>2. Duty passes for MGNREGA/rural in Red Districts.</td>
<td>Deputy Commissioner</td>
<td>- Passes should specifically mention the route to be taken for one time movement.</td>
</tr>
<tr>
<td>3. For industrial establishments in Urban areas of Orange and Red Districts</td>
<td>Deputy Commissioner</td>
<td>- The Passes shall not be issued for Red Zone/Hotspots/Containment zones and shall be deemed to be cancelled forthwith on declaration of any area as Red zone/containment zone/hotspot subsequently.</td>
</tr>
<tr>
<td>4. For permitted activities in Urban limits of Red Districts</td>
<td>Deputy Commissioner</td>
<td>- Social distancing norms may be maintained for passes for passenger vehicles.</td>
</tr>
<tr>
<td>5. Intra district movement passes as per this SOP</td>
<td>Deputy Commissioner</td>
<td></td>
</tr>
<tr>
<td>6. Inter-Province movement passes as per this SOP</td>
<td>Divisional Commissioner</td>
<td></td>
</tr>
<tr>
<td>7. Inter-State Movement passes as per this SOP</td>
<td>Divisional Commissioner</td>
<td></td>
</tr>
<tr>
<td>8. Passes required for any other activity as per the guidelines/instruction and not specifically mentioned above.</td>
<td>Deputy Commissioner</td>
<td></td>
</tr>
</tbody>
</table>
ATTACHMENT - B

Standard Operating Procedure for Industrial Activities

1) Following instructions shall have to be complied with by both government and Private contractors and workers –

1. Efforts will be made at minimizing the commuting.
   a. As far as possible, all workers are to be accommodated within the premises and/or in adjacent buildings. Boarding, lodging arrangement in and around premises of the units shall be made.
   b. Wherever it is not possible to accommodate the staff/workers in the unit premises, separate dedicated transport arrangement shall be made for ferrying workers without any dependence on the public transport system. These vehicles should be allowed to ply with only 30-40% passenger capacity.
   c. Small unit holders may organize pooled buses through associations for ferrying work force.

2. Sanitization of high quality of premises shall be ensured.
   a. All areas in the premises including entrance gates, cafeteria and canteens, meeting rooms, halls, corridors, common areas, equipment, lifts, washrooms, toilets, sinks, water points, walls and other surfaces shall be disinfected completely.
   b. All vehicles and machinery entering the premise should be disinfected by spray mandatorily.
   c. All units shall sanitize their work places between shifts. Frequent cleaning of common surfaces and mandatory hand washing shall be ensured.

3. Health and Hygiene of high standard shall be ensured by Unit holders/management.
   a. Face masks shall be provided to all workers. Hygienic environment shall be maintained. Temperature screening shall be mandatory for everyone entering and exiting the workplace. Units shall ensure single entry point for workers.
b. Chewing Gutka, Tobacco etc., and spitting is strictly prohibited.

4. **Social Distancing** shall be ensured.
   
a. **Large gathering** or meetings of 10 or more people to be discouraged.

b. **Seating at least 6 feet away** from others on job sites would be mandatory.

c. **No more than 2/4 persons** (depending on size) will be allowed to travel in lifts or hoists. Use of staircase should be encouraged.

d. Shifts may be so operated that it does not leads to crowding during beginning/ end of the shifts. Work places shall have a gap of one hour between shifts and will stagger the lunch breaks of staff to ensure social distancing.

e. There will be **total ban on non-essential visitors** at sites.

5. **Use of Arogyasetu** will be encouraged for all employees both private and public.

6. **Medical insurance** for the workers will be mandatory.

7. **Intensive Communication and training** on good hygiene practices shall be taken up. **Hospitals/ Clinics in the nearby areas**, which are authorized to treat COVID19 patients **should be identified** and list should be **available at work place** for all the times.

8. **Workers not to be allowed from red/containment zones**, colonies/ basties where COVID19 cases are suspected.

These conditions shall be strictly implemented by the unit holders in the units allowed to operate. **Weekly inspections** will be carried out by the teams of functional managers and industry promotion managers to be constituted by General Manager DICs. **Director of Industry and Commerce (Kashmir/ Jammu)** shall **supervise** and ensure complete compliance.
Procedure to be followed for operationalization of the Units allowed

1. Units falling in the category of essential supplies production/services as permitted category shall apply to General Manager DICs with details of the workers and production line to be started. They shall also indicate requirement of vehicle and manpower movement passes required for raw material/finished products as well as work force.

2. After verification of details, GM DICs shall forward the request to the Director of Industries and Commerce. The Directors shall examine the request in light of the instructions of the government issued in this regard and shall issue orders for permission to operate the units stating the details of the unit, line of activity allowed and also the minimum manpower allowed for the unit. Besides also the requirement of vehicle and manpower passes shall also be stated.

3. Unit holders shall not approach the DC office directly. They shall approach GM DICs of respective districts to get passes for vehicles and individuals who have to essentially commute for running the units. GM DICs will take up the request with DC office for ensuring that essential requirement is met for ensuring smooth movement of vehicles for ferrying manpower, bringing raw material and transporting finished goods. GM DICs shall liaise with DC office to seek the required movement passes and facilitate the units accordingly.

4. GM DICs shall ensure that all above instructions and mandatory requirements are followed by the unit holders in letter and spirit. Weekly inspections shall be carried out to ensure the same.

5. Wherever inter-district movement is essentially required the passes shall be issued by district administration specifically allowing validity for inter-district movement.

6. Any unit if found violating the requirements/compliances as stated shall be liable for strict action and permission to operate the unit shall be withdrawn.
ATTACHMENT - C

Standard Operating Procedure for Government Construction Activities

For Government projects (Para 1-4 applicable only for RED districts)-

1) The concerned Executive Engineer shall identify the works to be resumed during the lockdown period. A list of such projects/works shall be shared with the concerned district magistrates.

2) The concerned Executive Engineers will prepare the list of the required machinery and equipments to be deployed at the identified construction sites/works and same shall be submitted to the concerned District Magistrates permission for its movement/operation.

3) If required, the concerned Executive Engineers shall also workout the requirement of the raw material and its transportation from the source to the site of the construction with details of the vehicles and drivers to be deployed with the concerned DMs for permission of transportation of such material.

4) The concerned Executive Engineers shall also provide the list of the minimum Engineering/supervisory staff required with full particulars and same shall be submitted to the concerned DMs for issuance of passes in their favour.

(Para 5-11 applicable to All districts)-

5) The concerned Executive Engineer in consultation with the concerned contractors shall workout the reasonable requirement of the labour to carry out the construction activities of identified works/projects. The list of the labour required to be mobilized with full detail from end to end shall be submitted to the concerned District Magistrates for issue of one time passes for intra/inter district mobilization

6) All district and field level authorities would ensure

   i. maintenance of social distancing,
   ii. use of protective face covers/ masks
   iii. Repeated washing of hands with soap and water themselves and by workers.
7) Utmost care shall be taken by the concerned Engineers/ contractors for meeting the social distancing norms by the construction worker/labourers at the construction sites.

8) All the construction departments/agencies shall adopt the Standard Operating Procedure for social distancing as well as sanitization adhering to the instruction issued by the Ministry of Home Affairs, Govt of India and by the UT Government /District Magistrates from time to time.

9) The Chief Engineers/officers nominated by the other departments, shall monitor the resumption of the construction activities from the notified date as per the guidelines.

10) In construction projects in municipal limits, the labour/construction workers shall have to stay at the construction site (inside). The concerned contractor in coordination with the Executive Engineer shall make sufficient arrangement for their stay, providing of masks/sanitation to the labourers and keep the social distance norms in place while carrying on the construction works.

11) In construction projects in rural areas, the labour has to stay in the areas adjoining the construction site. There shall be no huge scale daily movement of labourers/long distances. The contractor in consultation with engineering staff shall make arrangement for their stay, providing of masks/ sanitation to the labourers and keep the social distance norms in place while carrying the construction works.